



CONTEMPORARY

Lyndi Sales

**Solo Exhibition
Opening March 4th 2026**

M Contemporary presents a solo exhibition of new works by Cape Town-based artist Lyndi Sales, whose multidisciplinary practice examines perception, consciousness and systems of interconnection. The exhibition brings together a series of works that approach nature not as passive matter, but as animate, relational and capable of dialogue with human consciousness. Drawing on ecological philosophy, plant intelligence research and mystical traditions, Sales considers the natural world as a network of communicating systems. Her work reflects a growing body of thought that challenges the human-centred model of consciousness, proposing instead a broader field of awareness embedded within living structures and ecological processes.

Woven forms recur throughout the exhibition as structural and symbolic devices. Inspired by cross-sections of plant stems, tree rings and the spiral form of the Ayahuasca vine, these works resemble organic diagrams — visual maps of growth, recurrence and transformation. Their layered geometries evoke cyclical rather than linear time, suggesting thresholds of transition and the continuous exchange between life and decay.

A series of gold leaf works from Sales' *Alchemy* series invokes solar energy as both sacred symbol and biological force. Plants — the ultimate alchemists — transform light into sustenance, sustaining life through an ongoing exchange of breath and matter. References to Bernini's *Ecstasy of Saint Teresa* position spiritual revelation within the body, drawing parallels between mystical experience and altered states of consciousness in which the boundaries between self and world dissolve.

The ecological consciousness underpinning the exhibition is informed by the immense biological complexity of the Amazon rainforest. Often described as the planet's lungs, its vast system of trees releases billions of tons of moisture into the atmosphere each day. This planetary network echoes the mycelial structures evoked throughout the exhibition — unseen systems of

differentiation, protection and dispersal that sustain life across interconnected scales.

Together, the works invite reflection on humanity's position within the wider web of life. Rather than existing outside of nature, Sales proposes a view of consciousness, matter and time as fundamentally woven — relational, cyclical and shared.

Exhibition Dates: 4th March 2026

Location: M Contemporary, Sydney

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To Join the Priority list: gallery@mcontemp.com